

# ŚRĪ VIŚHṆU SAHASRA NĀMA STOTRAM

oṃ śuklāambaradharam viśhṇuṃ śaśivarṇaṃ chaturbhujam |  
prasannavadanaṃ dhyāyet sarvavighnopaśāntaye || 1 ||

yasyadviradavaktrādyāḥ pāriśhadyāḥ paraḥ śatam |  
vighnaṃ nighnanti satataṃ viśvaksenaṃ tamāśraye || 2 ||

vyāsaṃ vasiśhṭha naptāraṃ śakteḥ pautramakalmaśhaṃ |  
parāśarātmajaṃ vande śukatātaṃ taponidhiṃ || 3 ||

vyāsāya viśhṇu rūpāya vyāsarūpāya viśhṇave |  
namo vai brahmanidhaye vāsiśhṭhāya namo namaḥ || 4 ||

avikārāya śuddhāya nityāya paramātmane |  
sadaika rūpa rūpāya viśhṇave sarvajīśhṇave || 5 ||

yasya smaraṇamātreṇa janmasaṃsārabandhanāt |  
vimuchyate namastasmai viśhṇave prabhaviśhṇave || 6 ||

oṃ namo viśhṇave prabhaviśhṇave |

## **śrī vaiśampāyana uvācha**

śrutvā dharmā naśeśheṇa pāvanāni cha sarvaśaḥ |  
yudhiśhṭhiraḥ śāntanavaṃ punarevābhya bhāśhata || 7 ||

## **yudhiśhṭhira uvācha**

kimekaṃ daivataṃ loke kiṃ vā'pyekaṃ parāyaṇaṃ  
stuvantaḥ kaṃ kamarchantaḥ prāpnuyurmānavāḥ śubham || 8 ||

ko dharmaḥ sarvadharmāṇāṃ bhavataḥ paramo mataḥ |

kiṃ japanmuchyate janturjanmasaṃsāra bandhanāt || 9 ||

### śrī bhīśhma uvācha

jagatprabhuṃ devadeva manantaṃ puruśhottamaṃ |  
stuvannāma sahasreṇa puruśhaḥ satatotthitaḥ || 10 ||

tameva chārchayannityaṃ bhaktyā puruśhamavyayaṃ |  
dhyāyan stuvannamasyaṃścha yajamānastameva cha || 11 ||

anādi nidhanaṃ viśṇuṃ sarvaloka maheśvaraṃ |  
lokādhyakśhaṃ stuvannityaṃ sarva duḥkhātigo bhavet || 12 ||

brahmaṇyaṃ sarva dharmāGYaṃ lokānāṃ kīrti vardhanaṃ |  
lokanāthaṃ mahadbhūtaṃ sarvabhūta bhavodbhavam || 13 ||

eśha me sarva dharmāṇāṃ dharmoadhika tamomataḥ |  
yadbhaktyā puṇḍarīkākśhaṃ stavairarchennaraḥ sadā || 14 ||

paramaṃ yo mahattejaḥ paramaṃ yo mahattapaḥ |  
paramaṃ yo mahadbrahma paramaṃ yaḥ parāyaṇam | 15 ||

pavitrāṇāṃ pavitraṃ yo maṅgalānāṃ cha maṅgalaṃ |  
daivataṃ devatānāṃ cha bhūtānāṃ yoavyayaḥ pitā || 16 ||

yataḥ sarvāṇi bhūtāni bhavantyādi yugāgame |  
yasmimścha pralayaṃ yānti punareva yugakśhaye || 17 ||

tasya loka pradhānasya jagannāthasya bhūpate |  
viśṇornāma sahasraṃ me śruṇu pāpa bhayāpaham || 18 ||

yāni nāmāni gauṇāni vikhyātāni mahātmanaḥ |  
rśhibhiḥ parigītāni tāni vakśhyāmi bhūtaye || 19 ||

ṛśhīrnāmnāṃ sahasrasya vedavyāso mahāmuniḥ ||  
Chandoanuśṭup tathā devo bhagavān devakīsutaḥ || 20 ||

amṛtāṃ sūdbhavo bījaṃ śaktirdevakinandanaḥ |  
trisāmā hṛdayaṃ tasya śāntyarthe viniyuḡyate || 21 ||

viśṇuṃ jiśṇuṃ mahāviśṇuṃ prabhaviśṇuṃ maheśvaram ||  
anekarūpa daityāntaṃ namāmi puruśhottamam || 22 ||

### **pūrvanyāsaḥ**

asya śrī viśṇordivya sahasranāma stotra mahāmantrasya ||  
śrī vedavyāso bhagavān ṛśhīḥ |  
anuśṭup Chandaḥ |  
śrīmahāviśṇuḥ paramātmā śrīmannārāyaṇo devatā |  
amṛtāṃsūdbhavo bhānuriti bījaṃ |  
devakīnandanaḥ sraśṭeti śaktiḥ |  
udbhavaḥ, kśhobhaṇo deva iti paramomantraḥ |  
śaṅkhabhṛnnandakī chakrīti kīlakam |  
śārṅgadhanvā gadādhara ityastram |  
rathāṅgapāṇi rakśhobhya iti netraṃ |  
trisāmāsāmagāḥ sāmēti kavacham |  
ānandaṃ parabrahmeti yoniḥ |  
ṛtussudarśanaḥ kāla iti digbandhaḥ ||  
śrīviśvarūpa iti dhyānaṃ |  
śrī mahāviśṇu prītyarthe sahasranāma jape viniyogaḥ |

### **karanyāsaḥ**

viśvaṃ viśṇurvaśhaṭkāra ityaṅguśṭhābhyāṃ namaḥ  
amṛtāṃ sūdbhavo bhānuriti tarjanībhyāṃ namaḥ  
brahmaṇyo brahmakṛt brahmeti madhyamābhyāṃ namaḥ  
suvarṇabindu rakśhobhya iti anāmikābhyāṃ namaḥ  
nimiśhoanimiśhaḥ sragvīti kaniśṭhikābhyāṃ namaḥ

rathāṅgapāṇi rakśhobhya iti karatala karapṛśhṭhābhyāṃ namaḥ

### aṅganyāsaḥ

suvrataḥ sumukhaḥ sūkśhma iti GYānāya hṛdayāya namaḥ  
sahasramūrtiḥ viśvātmā iti aiśvaryaaya śirase svāhā  
sahasrārchiḥ saptajihva iti śaktyai śikhāyai vaśhaḥ  
trisāmā sāmagassāmeti balāya kavachāya huṃ  
rathāṅgapāṇi rakśhobhya iti netrābhyāṃ vaśhaḥ  
śāṅgadhanvā gadādhara iti vīryāya astrāyaphaḥ  
ṛtuḥ sudarśanaḥ kāla iti digbhandhaḥ

### dhyānam

kśhīrodhanvatpradeśe śuchimaṇivilasatsaikatemauktikānāṃ  
mālākluptāsanasthaḥ sphaṭikamaṇinibhairmauktikairmaṇḍitāṅgaḥ |  
śubhraitabhraitadabhraitruparivirachitairmuktapīyūśha varśhaiḥ  
ānandī naḥ punīyādarinalinagadā śaṅkhapāṇirmukundaḥ || 1 ||

bhūḥ pādau yasya nābhirviyadasuranilaśchandra sūryau cha netre  
karṇāvāśāḥ śirodyaurmukhamapi dahano yasya vāsteyamabdhiḥ |  
antaḥsthaṃ yasya viśvaṃ sura narakhagagobhogigandharvadaityaiḥ  
chitraṃ raṃ ramyate taṃ tribhuvana vapuśaṃ viśṇumīśaṃ namāmi || 2 ||

oṃ namo bhagavate vāsudevāya !

śāntākāraṃ bhujagaśayanaṃ padmanābhaṃ sureśaṃ  
viśvādhāraṃ gaganasadrśaṃ meghavarṇaṃ śubhāṅgam |  
lakśhmīkāntaṃ kamalanayanaṃ yogibhirdhyānagamyam  
vande viśṇuṃ bhavabhayaharaṃ sarvalokaikanātham || 3 ||

meghaśyāmaṃ pītakaśeyavāsaṃ  
śrīvatsākaṃ kaustubhodbhāsītāṅgam |  
puṇyopetaṃ puṇḍarīkāyatākśhaṃ

viśhṇuṃ vande sarvalokaikanātham || 4 ||

namaḥ samasta bhūtānāṃ ādi bhūtāya bhūbhṛte |  
anekarūpa rūpāya viśhṇave prabhaviśhṇave || 5 ||

saśaṅkhachakraṃ sakirīṭakuṇḍalam  
sapītavastraṃ sarasīruhekśhaṇam |  
sahāra vakśhaḥsthala śobhi kaustubham  
namāmi viśhṇuṃ śirasā chaturbhujam | 6 ||

Chāyāyāṃ pārijātasya hemasiṃhāsanopari  
āsīnamambudaśyāmamāyatākśhamalaṅkṛtam || 7 ||

chandrānanaṃ chaturbāhuṃ śrīvatsāṅkita vakśhasam  
rukmiṇī satyabhāmābhyāṃ sahitam kṛśṇamāśraye || 8 ||

### pañchapūja

laṃ - pṛthivyātmāne ganthaṃ samarpayāmi  
haṃ - ākāśātmāne puśhpaiḥ pūjayāmi  
yaṃ - vāyvātmāne dhūpamāghrāpayāmi  
raṃ - agnyātmāne dīpaṃ darśayāmi  
vaṃ - amṛtātmāne naivedyaṃ nivedayāmi  
saṃ - sarvātmāne sarvopachāra pūjā namaskārān samarpayāmi

### stotram

hariḥ om

viśvaṃ viśhṇurvaśhaṭkāro bhūtabhavyabhavatprabhuḥ |  
bhūtakṛdbhūtabhṛdbhāvo bhūtātmā bhūtabhāvanaḥ || 1 ||

pūtātmā paramātmā cha muktānāṃ paramāgatiḥ |  
avyayaḥ puruśhaḥ sākśhī kśhetraGYoakśhara eva cha || 2 ||

yogo yogavidāṃ netā pradhāna puruṣheśvaraḥ |  
nārasimhavapuḥ śrīmān keśavaḥ puruṣhottamaḥ || 3 ||

sarvaḥ śarvaḥ śivaḥ sthāṇurbhūtādirnidhiravyayaḥ |  
sambhavo bhāvano bhartā prabhavaḥ prabhurīśvaraḥ || 4 ||

svayambhūḥ śambhurādityaḥ puśhkarākśho mahāsvanaḥ |  
anādinidhano dhātā vidhātā dhāturuttamaḥ || 5 ||

aprameyo hṛśhīkeśaḥ padmanābhoamaraprabhuḥ |  
viśvakarmā manustvaśhṭā sthaviśhṭhaḥ sthaviro dhruvaḥ || 6 ||

agrāhyaḥ śāśvato kṛśhṇo lohitaśhhaḥ pratardanaḥ |  
prabhūtastrikakubdhāma pavitraṃ maṅgalaṃ param || 7 ||

īśanaḥ prāṇadaḥ prāṇo jyeśhṭhaḥ śreśhṭhaḥ prajāpatiḥ |  
hiraṇyagarbho bhūgarbho mādhave madhusūdanaḥ || 8 ||

īśvaro vikramīdhanvī medhāvī vikramaḥ kramaḥ |  
anuttamo durādharśhaḥ kṛtaGYaḥ kṛtirātmavān || 9 ||

sureśaḥ śaraṇaṃ śarma viśvaretāḥ prajābhavaḥ |  
ahassaṃvatsaro vyālaḥ pratyayaḥ sarvadarśanaḥ || 10 ||

ajassarveśvaraḥ siddhaḥ siddhiḥ sarvādirachyutaḥ |  
vṛśhākapirameyātmā sarvayogavinissṛtaḥ || 11 ||

vasurvasumanāḥ satyaḥ samātmā sammitassamaḥ |  
amoghaḥ puṇḍarīkāśhho vṛśhakarmā vṛśhakṛtiḥ || 12 ||

rudro bahuśirā babhrurviśvayoniḥ śuchiśravāḥ |  
amṛtaḥ śāśvatasthāṇurvarāroho mahātapāḥ || 13 ||

sarvagaḥ sarva vidbhānurviśhvakseno janārdanaḥ |  
vedo vedavidavyaṅgo vedāṅgo vedavitkaviḥ || 14 ||

lokādhyakṣhaḥ surādhyakṣho dharmādhyakṣhaḥ kṛtākṛtaḥ |  
chaturātmā chaturvyūhaśchaturdaṁśhṭraśchaturbhujah || 15 ||

bhrājīśṇurbhojanaṁ bhoktā sahiśhnurjagadādijah |  
anagho vijayo jetā viśvayoniḥ punarvasuḥ || 16 ||

upendro vāmanaḥ prāṁśsuramoghaḥ śuchirūrjitaḥ |  
atīndraḥ saṅgrahaḥ sargo dhṛtātmā niyamo yamaḥ || 17 ||

vedyo vaidyaḥ sadāyogī vīrahā mādhave madhuḥ |  
atīndriyo mahāmāyo mahotsāho mahābalaḥ || 18 ||

mahābuddhirmahāvīryo mahāśaktirmahādyutiḥ |  
anirdeśyavapuḥ śrīmānameyātmā mahādridhṛk || 19 ||

maheśvāso mahībhartā śrīnivāsaḥ satāṅgatiḥ |  
aniruddhaḥ surānando govindo govidāṁ patiḥ || 20 ||

marīchirdamano haṁsaḥ suparṇo bhujagottamaḥ |  
hiraṇyanābhaḥ sutapāḥ padmanābhaḥ prajāpatiḥ || 21 ||

amṛtyuḥ sarvadṛk siṁhaḥ sandhātā sandhimān sthiraḥ |  
ajo durmarśhaṇaḥ śāstā viśrutātmā surārihā || 22 ||

gururgurutamo dhāma satyaḥ satyaparākramaḥ |  
nimiśhoanimiśhaḥ sragvī vāchaspatirudāradhīḥ || 23 ||

agraṇīgrāmaṇīḥ śrīmān nyāyo netā samīraṇaḥ  
sahasramūrdhā viśvātmā sahasrākṣhaḥ sahasrapāt || 24 ||

āvartano nivṛttātmā samvṛtaḥ sampramardanaḥ |  
ahaḥ samvartako vahniraniḥ dharaṇīdharaḥ || 25 ||

suprasādaḥ prasannātmā viśvadhṛgviśvabhugvibhuḥ |  
satkartā satkṛtaḥ sādhanurjahnurnārāyaṇo naraḥ || 26 ||

asaṅkhyeyoaprameyātmā viśiṣṭaḥ śiṣṭakṛcChuchiḥ |  
siddhārthaḥ siddhasaṅkalpaḥ siddhidaḥ siddhi sādhanāḥ || 27 ||

vṛśhāhī vṛśhabho viśhṇurvṛśhaparvā vṛśhodaraḥ |  
vardhano vardhamānaścha viviktaḥ śrutisāgaraḥ || 28 ||

subhujo durdharo vāgmī mahendro vasudo vasuḥ |  
naikarūpo bṛhadrūpaḥ śipiviśhṭaḥ prakāśanaḥ || 29 ||

ojastejodyutidharaḥ prakāśātmā pratāpanaḥ |  
ṛddaḥ spaśhṭākśharo mantraśchandrāmśurbhāskaradyutiḥ || 30 ||

amṛtāmśūdbhavo bhānuḥ śaśabinduḥ sureśvaraḥ |  
auśhadham jagataḥ setuḥ satyadharmaparākramaḥ || 31 ||

bhūtabhavyabhavannāthaḥ pavanaḥ pāvanoanalaḥ |  
kāmahā kāmakṛtkāntaḥ kāmaḥ kāmapradaḥ prabhuḥ || 32 ||

yugādi kṛdyugāvarto naikamāyo mahāśanaḥ |  
adṛśyo vyaktarūpaścha sahasrajidanantajit || 33 ||

iśhṭoaviśiṣṭaḥ śiṣṭeśhṭaḥ śikhaṇḍī nahuśho vṛśhaḥ |  
krodhahā krodhakṛtkartā viśvabāhurmahīdharaḥ || 34 ||

achyutaḥ prathitaḥ prāṇaḥ prāṇado vāsavānujaḥ |  
apāṇnidhiradhiśhṭhānamapramattaḥ pratiśhṭhitaḥ || 35 ||



skandaḥ skandadharo dhuryo varado vāyuvāhanaḥ |  
vāsudevo bṛhadbhānurādidevaḥ purandharaḥ || 36 ||

aśokastāraṇastāraḥ śūraḥ śaurirjaneśvaraḥ |  
anukūlaḥ śatāvartaḥ padmī padmanibhekśhaṇaḥ || 37 ||

padmanābhoaravindākśhaḥ padmagarbhaḥ śarīrabhṛt |  
mahardhirṛddho vṛddhātmā mahākśho garuḍadhvaḥ || 38 ||

atulaḥ śarabho bhīmaḥ samayaGYo havirhariḥ |  
sarvalakśhaṇalakśhaṇyo lakśhmīvān samitiñjayaḥ || 39 ||

vikśharo rohito mārgo heturdāmodaraḥ sahaḥ |  
mahīdharo mahābhāgo vegavānamitāśanaḥ || 40 ||

udbhavaḥ, kśhobhaṇo devaḥ śrīgarbhaḥ parameśvaraḥ |  
karaṇaṃ kāraṇaṃ kartā vikartā gahano guhaḥ || 41 ||

vyavasāyo vyavasthānaḥ saṃsthānaḥ sthānado dhruvaḥ |  
parardhiḥ paramaspāṣṭhaḥ tuśṭhaḥ puśṭhaḥ śubhekśhaṇaḥ || 42 ||

rāmo virāmo virajo mārgoneyo nayoanayaḥ |  
vīraḥ śaktimatāṃ śreśṭho dharmodharma viduttamaḥ || 43 ||

vaikuṇṭhaḥ puruśhaḥ prāṇaḥ prāṇadaḥ praṇavaḥ pṛthuḥ |  
hiraṇyagarbhaḥ śatrughno vyāpto vāyuradhokśhajaḥ || 44 ||

ṛtuḥ sudarśanaḥ kālaḥ parameśṭhī parigrahaḥ |  
ugraḥ saṃvatsaro dakśho viśrāmo viśvadakśhiṇaḥ || 45 ||

vistāraḥ sthāvara sthāṇuḥ pramāṇaṃ bījamavyayaṃ |  
arthoanartho mahākośo mahābhogo mahādhanaḥ || 46 ||

anirviṇṇaḥ sthaviśhṭho bhūddharmayūpo mahāmakhaḥ |  
nakśhatranemirnakśhatrī kśhamaḥ, kśhāmaḥ samīhanaḥ || 47 ||

yaGYa ijyo mahejyaścha kratuḥ satraṃ satāṅgatiḥ |  
sarvadarśī vimuktātmā sarvaGYo GYānamuttamaṃ || 48 ||

suvrataḥ sumukhaḥ sūkśhmaḥ sughośhaḥ sukhadaḥ suhṛt |  
manoharo jitakrodho vīra bāhurvidāraṇaḥ || 49 ||

svāpanaḥ svavaśo vyāpī naikātmā naikakarmakṛt | |  
vatsaro vatsalo vatsī ratnagarbho dhaneśvaraḥ || 50 ||

dharmagubdharmakṛddharmī sadasatkśharamakśharam ||  
aviGYātā sahastrāṃśurvidhātā kṛtalakśhaṇaḥ || 51 ||

gabhastinemiḥ sattvastaḥ siṃho bhūta maheśvaraḥ |  
ādidevo mahādevo deveśo devabhṛdguruḥ || 52 ||

uttaro gopatirgoptā GYānagamyāḥ purātanaḥ |  
śarīra bhūtabhṛd bhoktā kapīndro bhūridakśhiṇaḥ || 53 ||

somapoamṛtapaḥ somaḥ purujit purusattamaḥ |  
vinayo jayaḥ satyasandho dāśārhaḥ sātvatāṃ patih || 54 ||

jīvo vinayitā sākśhī mukundoamita vikramaḥ |  
ambhonidhiranantātmā mahodadhi śayontakaḥ || 55 ||

ajo mahārhaḥ svābhāvyo jitāmitraḥ pramodanaḥ |  
ānandoanandanonandaḥ satyadharmā trivikramaḥ || 56 ||

maharśhiḥ kapilāchāryaḥ kṛtaGYo medinīpatiḥ |  
tripadastridaśādhyakśho mahāśṛṅgaḥ kṛtāntakṛt || 57 ||

mahāvarāho govindaḥ suśheṇaḥ kanakāṅgadī |  
guhyo gabhīro gahano guptaśchakra gadādharah || 58 ||

vedhāḥ svāṅgoajitaḥ kṛśṇo dṛḍhaḥ saṅkarśhaṇoachyutaḥ |  
varuṇo vāruṇo vṛkśhaḥ puśkarākśho mahāmanāḥ || 59 ||

bhagavān bhagahā"nandī vanamālī halāyudhaḥ |  
ādityo jyotirādityaḥ sahiśṇurgatisattamaḥ || 60 ||

sudhanvā khaṇḍaparaśurdāruṇo draviṇapradaḥ |  
divaḥspṛk sarvadrḡvyāso vāchaspatirayonijaḥ || 61 ||

trisāmā sāmagaḥ sāma nirvāṇaṃ bheśhajaṃ bhiśhak |  
sanyāsakṛcChamaḥ śānto niśṭhā śāntiḥ parāyaṇam | 62 ||

śubhāṅgaḥ śāntidaḥ sraśṭā kumudaḥ kuvaleśayaḥ |  
gohito gopatirgoptā vṛśhabhākśho vṛśhapriyaḥ || 63 ||

anivartī nivṛttātmā saṅkśheptā kśhemakṛcChivaḥ |  
śrīvatsavakśhāḥ śrīvāsaḥ śrīpatiḥ śrīmatāṃvaraḥ || 64 ||

śrīdaḥ śrīśaḥ śrīnivāsaḥ śrīnidhiḥ śrīvibhāvanaḥ |  
śrīdharah śrīkaraḥ śreyah śrīmāṃllokatrayaśrayah || 65 ||

svakśhaḥ svaṅgaḥ śatānando nandirjyotirgaṇeśvaraḥ |  
vijitātmā'vidheyātmā satkīrticChinnasaṃśayaḥ || 66 ||

udīrṇaḥ sarvataśchakśhuranīśaḥ śāśvatasthiraḥ |  
bhūśayo bhūśhaṇo bhūtirviśokaḥ śokanāśanaḥ || 67 ||

archiśhmānarchitaḥ kumbho viśuddhātmā viśodhanaḥ |  
aniruddhoapratirathaḥ pradyumnoamitavikramaḥ || 68 ||

kālaneminihā vīraḥ śauriḥ śūrajaneśvaraḥ |  
trilokātmā trilokeśaḥ keśavaḥ keśihā hariḥ || 69 ||

kāmadevaḥ kāmapālaḥ kāmī kāntaḥ kṛtāgamaḥ |  
anirdeśyavapurviśṅhurvīroananto dhanañjayaḥ || 70 ||

brahmaṇyo brahmakṛd brahmā brahma brahmavivardhanaḥ |  
brahmaivid brāhmaṇo brahmī brahmaGYo brāhmaṇapriyaḥ || 71 ||

mahākramo mahākarmā mahātejā mahoragaḥ |  
mahākaturmahāyajvā mahāyaGYo mahāhaviḥ || 72 ||

stavyaḥ stavapriyaḥ stotraṃ stutiḥ stotā raṇapriyaḥ |  
pūrṇaḥ pūrayitā puṇyaḥ puṇyakīrtiranāmayāḥ || 73 ||

manojavastīrthakaro vasuretā vasupradaḥ |  
vasuprado vāsudevo vasurvasumanā haviḥ || 74 ||

sadgatiḥ satkṛtiḥ sattā sadbhūtiḥ satparāyaṇaḥ |  
śūraseno yaduśreśṭhaḥ sannivāsaḥ suyāmunaḥ || 75 ||

bhūtāvāso vāsudevaḥ sarvāsunilayoanalaḥ |  
darpahā darpado dṛpto durdharoathāparājitaḥ || 76 ||

viśvamūrtirmahāmūrtirdīptamūrtiramūrtimān |  
anekamūrtiravyaktaḥ śatamūrtiḥ śatānanaḥ || 77 ||

eko naikaḥ savaḥ kaḥ kiṃ yattat padamanuttamaṃ |  
lokabandhurlokanātho mādhave bhaktavatsalaḥ || 78 ||

suvarṇavarṇo hemāṅgo varāṅgaśchandanāṅgadī |  
vīrahā viśamaḥ śūnyo ghṛtāsīrachalaśchalaḥ || 79 ||

amānī mānado mānyo lokasvāmī trilokadhṛk |  
sumedhā medhajo dhanyaḥ satyamedhā dharādharah || 80 ||

tejoavṛśho dyutidharah sarvaśastrabhṛtāmvarah |  
pragraho nigraho vyagro naikaśṛṅgo gadāgrajah || 81 ||

chaturmūrti śchaturbāhu śchaturvyūha śchaturgatih |  
chaturātmā chaturbhāvaśchaturvedavidekapāt || 82 ||

samāvartoanivṛttātmā durjayo duratikramah |  
durlabho durgamo durgo durāvāso durārihā || 83 ||

śubhāṅgo lokasāraṅgaḥ sutantustantuvardhanah |  
indrakarmā mahākarmā kṛtakarmā kṛtāgamah || 84 ||

udbhavaḥ sundarah sundo ratnanābhaḥ sulochanaḥ |  
arke vājasaṅgaḥ śṛṅgī jayantaḥ sarvavijjayī || 85 ||

suvarṇabindurakśhobhyaḥ sarvavāgīśvareśvaraḥ |  
mahāhṛdo mahāgarto mahābhūto mahānidhiḥ || 86 ||

kumudaḥ kundarah kundaḥ parjanyaḥ pāvanoanilah |  
amṛtāśoamṛtavapuḥ sarvaGYaḥ sarvatomukhaḥ || 87 ||

sulabhaḥ suvrataḥ siddhaḥ śatrujicChatrutāpanah |  
nyagrodhoadumbaroaśvatthaśchāṇūrāndhra niśhūdanaḥ || 88 ||

sahasrārchiḥ saptajihvaḥ saptaidhāḥ saptavāhanaḥ |  
amūrtiranaghoachintyo bhayakṛdbhayanāśanaḥ || 89 ||

aṇurbṛhatkṛśaḥ sthūlo guṇabhṛnnirguṇo mahān |  
adhṛtaḥ svadhṛtaḥ svāsyah prāgvamśo vamśavardhanaḥ || 90 ||

bhārabhṛt kathito yogī yogīśaḥ sarvakāmadaḥ |  
āśramaḥ śramaṇaḥ, kśhāmaḥ suparṇo vāyuvāhanaḥ || 91 ||

dhanurdharo dhanurvedo daṇḍo damayitā damaḥ |  
aparājitaḥ sarvasaho niyantā'niyamoayamaḥ || 92 ||

sattvavān sāttvikaḥ satyaḥ satyadharmaparāyaṇaḥ |  
abhiprāyaḥ priyārhoarhaḥ priyakṛt prītivardhanaḥ || 93 ||

vihāyasagatirjyotiḥ suruchirhutabhugvibhuḥ |  
ravirvirochanaḥ sūryaḥ savitā ravilochanaḥ || 94 ||

ananto hutabhugbhoktā sukhado naikajoagrajaḥ |  
anirviṇṇaḥ sadāmarśhī lokadhiśhṭhānamadbhutaḥ || 95 ||

sanātsanātanatamaḥ kapilaḥ kapiravyayaḥ |  
svastidaḥ svastikṛtsvastiḥ svastibhuk svastidakśhiṇaḥ || 96 ||

araudraḥ kuṇḍalī chakrī vikramyūrjitaśāsanaḥ |  
śabdātigaḥ śabdasaḥ śīśiraḥ śarvarīkaraḥ || 97 ||

akrūraḥ peśalo dakśho dakśhiṇaḥ, kśhamiṇāmvaraḥ |  
vidvattamo vītabhayaḥ puṇyaśravaṇakīrtanaḥ || 98 ||

uttāraṇo duśhkṛtiḥ puṇyo duḥsvapnanāśanaḥ |  
vīrahā rakśhaṇaḥ santo jīvanaḥ paryavasthitaḥ || 99 ||

anantarūpoananta śrīrjitamanyurbhayāpahaḥ |  
chaturaśro gabhīrātmā vidiśo vyādiśo diśaḥ || 100 ||

anādirbhūrbhuvo lakśhmīḥ suvīro ruchirāṅgadaḥ |  
janano janajanmādirbhīmo bhīmaparākramaḥ || 101 ||

ādhāranilayoadhātā puśhpahāsaḥ prajāgaraḥ |  
ūrdhvagaḥ satpathāchāraḥ prāṇadaḥ praṇavaḥ paṇaḥ || 102 ||

pramāṇaṃ prāṇanilayaḥ prāṇabhṛt prāṇajīvanaḥ |  
tattvaṃ tattvavidekātmā janmamṛtyujarātigaḥ || 103 ||

bhūrbhuvāḥ svastarustāraḥ savitā prapitāmahaḥ |  
yaGYo yaGYapatiryajvā yaGYāṅgo yaGYavāhanaḥ || 104 ||

yaGYabhṛd yaGYakṛd yaGYī yaGYabhuk yaGYasādhanaḥ |  
yaGYāntakṛd yaGYaguhyamannamannāda eva cha || 105 ||

ātmayoniḥ svayañjāto vaikhānaḥ sāmagāyanaḥ |  
devakīnandanaḥ sraśṭā kśhitīśaḥ pāpanāśanaḥ || 106 ||

śaṅkhabhṛnnandakī chakrī śārṅgadhanvā gadādharāḥ |  
rathāṅgapāṇirakśhobhyaḥ sarvapraharaṇāyudhaḥ || 107 ||

śrī sarvapraharaṇāyudha oṃ nama iti |

vanamālī gadī śārṅgī śaṅkhī chakrī cha nandakī |  
śrīmānnārāyaṇo viśṇurvāsudevoabhirakśhatu || 108 ||

śrī vāsudevoabhirakśhatu oṃ nama iti |

### uttara bhāgaṃ

#### phalaśrutiḥ

itīdaṃ kīrtanīyasya keśavasya mahātmanaḥ |  
nāmnāṃ sahasraṃ divyānāmaśeṣheṇa prakīrtitam | || 1 ||

ya idaṃ śṛṇuyānityaṃ yaśchāpi parikīrtayet ||  
nāśubhaṃ prāpnuyāt kiñchitsoamutreha cha mānavaḥ || 2 ||

vedāntago brāhmaṇaḥ syāt kśhatriyo vijayī bhavet |  
vaiśyō dhanasamṛddhaḥ syāt sūdraḥ sukhamavāpnuyāt || 3 ||

dharmārthī prāpnuyāddharmamarthārthī chārthamāpnuyāt |  
kāmanavāpnuyāt kāmī prajārthī prāpnuyātprajām | || 4 ||

bhaktimān yaḥ sadotthāya śuchistadgatamānasaḥ |  
sahasraṃ vāsudevasya nāmnāmetat prakīrtayet || 5 ||

yaśaḥ prāpnoti vipulaṃ GYātiprādhānyameva cha |  
achalāṃ śriyamāpnoti śreyaḥ prāpnotyanuttamam | || 6 ||

na bhayaṃ kvachidāpnoti vīryaṃ tejaścha vindati |  
bhavatyarogo dyutimān balarūpa guṇānvitaḥ || 7 ||

rogārto muchyate rogādbaddho muchyeta bandhanāt |  
bhayānmuchyeta bhītastu muchyetāpanna āpadaḥ || 8 ||

durgāṇyatitaratyāśu puruśhaḥ puruśhottamam |  
stuvannāmasahasreṇa nityaṃ bhaktisamanvitaḥ || 9 ||

vāsudevāśrayo martyo vāsudevaparāyaṇaḥ |  
sarvapāpaviśuddhātmā yāti brahma sanātanam | || 10 ||

na vāsudeva bhaktānāmaśubhaṃ vidyate kvachit |  
janmamṛtyujarāvyādhibhayaṃ naivopajāyate || 11 ||

imaṃ stavamadhīyānaḥ śraddhābhaktisamanvitaḥ |  
ujjyetātma sukhakśhānti śrīdhṛti smṛti kīrtibhiḥ || 12 ||

na krodho na cha mātsaryaṃ na lobho nāsubhāmatih |  
bhavanti kṛtapuṇyānāṃ bhaktānāṃ puruśhottame || 13 ||



dyauḥ sachandrārkanakśhatrā khaṃ diśo bhūrmahodadhiḥ |  
vāsudevasya vīryeṇa vidhṛtāni mahātmanaḥ || 14 ||

sasurāsurasagandharvaṃ sayakśhoragarākśhasaṃ |  
jagadvaśe vartatedaṃ kṛśṇasya sa charācharam | || 15 ||

indriyāṇi manobuddhiḥ sattvaṃ tejo balaṃ dhṛtiḥ |  
vāsudevātmakānyāhuḥ, kśhetraṃ kśhetraGYa eva cha || 16 ||

sarvāgamānāmāchāraḥ prathamam parikalpate |  
ācharaprabhavo dharmo dharmasya prabhurachyutaḥ || 17 ||

ṛśhayaḥ pitaro devā mahābhūtāni dhātavaḥ |  
jaṅgamājaṅgamaṃ chedaṃ jagannārāyaṇodbhavaṃ || 18 ||

yogoGYānaṃ tathā sāṅkhyam vidyāḥ śilpādikarma cha |  
vedāḥ śāstrāṇi viGYānametatsarvaṃ janārdanāt || 19 ||

eko viśṇurmahadbhūtaṃ pṛthagbhūtānyanekaśaḥ |  
trīṃlokānvyāpya bhūtātmā bhukte viśvabhugavyayaḥ || 20 ||

imaṃ stavaṃ bhagavato viśṇorvyāsenā kīrtitaṃ |  
paṭhedya icchetpuruśhaḥ śreyāḥ prāptuṃ sukhāni cha || 21 ||

viśveśvaramajaṃ devaṃ jagataḥ prabhūmavyayam |  
bhajanti ye puśkarākśhaṃ na te yānti parābhavaṃ || 22 ||

na te yānti parābhavaṃ om nama iti |

### arjuna uvācha

padmapatra viśālākśha padmanābha surottama |  
bhaktānā manuraktānām trātā bhava janārdana || 23 ||

### śrībhagavānuvācha

yo mām nāmasahasreṇa stotumicChatī pāṇḍava |  
soahamekena ślokena stuta eva na saṃśayaḥ || 24 ||

stuta eva na saṃśaya oṃ nama iti |

### vyāsa uvācha

vāsanādvāsudevasya vāsitaṃ bhuvanatrāyam |  
sarvabhūtanivāsoasi vāsudeva namoastu te || 25 ||

śrīvāsudeva namostuta oṃ nama iti |

### pārvatīuvācha

kenopāyena laghunā viśṇornāmasahasrakam |  
paṭhyate paṇḍitairnityam śrotumicChāmyaham prabho || 26 ||

### tīsvara uvācha

śrīrāma rāma rāmeti rame rāme manorame |  
sahasranāma tattulyam rāmanāma varānane || 27 ||

śrīrāma nāma varānana oṃ nama iti |

### brahmuvācha

namoastvanantāya sahasramūrtaye sahasrapādākśhīrorubāhave |  
sahasranāmne puruśhāya śāśvate sahasrakoṭī yugadhāriṇe namaḥ || 28 ||

śrī sahasrakoṭī yugadhāriṇe nama oṃ nama iti |

### sañjaya uvācha

yatra yogeśvaraḥ kṛśṇo yatra pārtho dhanurdharaḥ |  
tatra śrīrvijayo bhūtirdhruvā nīrmatirmama || 29 ||

### śrī bhagavān uvācha

ananyāśchintayanto māṃ ye janāḥ paryupāsate |  
teśhāṃ nityābhiyuktānāṃ yogakśhemaṃ vahāmyaham | ॥ 30 ॥

paritrāṇāya sādḥūnāṃ vināśāya cha duśhkṛtām | |  
dharmasaṃsthāpanārthāya sambhavāmi yuge yuge ॥ 31 ॥

ārtāḥ viśhaṇṇāḥ śithilāścha bhītāḥ ghoreśhu cha vyādhiśhu vartamānāḥ |  
saṅkīrtya nārāyaṇaśabdamaṭraṃ vimuktaduḥkhāḥ sukhino bhavanti ॥ 32 ॥

kāyena vāchā manasendriyairvā buddhyātmanā vā prakṛteḥ svabhāvāt |  
karomi yadyatsakalaṃ parasmai nārāyaṇāyeti samarpayāmi ॥ 33 ॥

yadakśhara padabhraśṭaṃ mātrāhīnaṃ tu yadbhavet  
tathsarvaṃ kśhamyatāṃ deva nārāyaṇa namoastu te |  
visarga bindu mātrāṇi padapādākśharāṇi cha  
nyūnāni chātiriktāni kśhamasva puruśhottamaḥ ॥